#### UNDERSTANDING FEMUR FRACTURES – ACCIDENT VS. ABUSE

CHAMP WEBCAST - DEC 4, 2013

LINDA CAHILL, MD

JAMIE HOFFMAN-ROSENFELD, MD

# Sentinel Injuries in Infants Evaluated for Child Physical Abuse assume in the Sentine Sentine

mou, and control remotive substants, respective; some date on the case of a substant substant substants and substa

POINTESS DISK NAME AND PROPERTY OF THE PROPERT

P < .001. Seen of the 151 nonabused infants contributed and a prices a settinal injury (P < .001). The type of settinal injury in the idefinitely abused others was bruising (000), intraord injury (11%), and other injury (0.00). Settinal injuries occurred in early infancy 0.00 in < .00 in < .00

413% of case.

ObsCLISSORS: Previous sentrell injuries are common in infants with severe physical abuse and rare in infants estimated for abuse and bundlond be abused. Detection of sentrell injuries with appropriate interventions outding prevent many cases of abuse. Pediatrios

#### Poll the Audience

The pediatrician did not recall anything unusual about the visit.

Could the pediatrician have caused this fracture during examination of the legs?

- 1. **YES**
- 2. **NO**

#### My Response

A normal baby with normal bones will not get a fracture from the physical examination of the legs!

The acute transverse right femur fracture is a high energy fracture and could not have been sustained by any movement of a 14 day-old baby on his own. This is an inflicted injury raising a serious concern for child maltreatment.

# How often does child abuse involve skeletal injuries?

- Fractures account for 10%-25% of childhood injuries.
- About 25% of fractures in children less than 1 year old are attributed to abuse.
- The percent diminishes with increasing age of the child.

# Proportion of Hospitalized Fractures Due to Abuse

 TABLE 2
 Causes of Injuries in Children <36 Months of Age With Fractures in the 2003 KID (Weighted N = 15 143).</th>

 Cause
 Proportion, %

 Fall
 50.42

 Abuse
 11.60

 Other accident
 11.60

 Motor vehicle accident
 11.40

 Uncertain whether accidental or intentional
 2.17

 Bone abnormality
 0.85

 Metabolic abnormality
 0.12

 Birth trauma
 0.05

 No injury E-code
 11.32

 Total
 10.001

From Leventhal JM, Martin KD, Asnes AG: Incidence of fractures attributable to abuse in young hospitalized children: results from analysis of a United States database. Pediatrics 2008;122:602.

#### Rates of Abusive Fractures-According to Age Group

TABLE 3	Weighted Rates of Abusive Fractures, According to Age Group, in the 2003 KID								
Age, mo	Weighted No. of Fractures	Incidence of Fractures, Estimate (95% CI), Cases per 100 000 <sup>a</sup>	Incidence of Abusive Fractures, Estimate (95% CI), Cases per 100 000 <sup>b</sup>	Proportion of Abuse, %					
0-11	5850	145.0 (131.3-158.7)	36.1 (31.0-41.2)	24.9					
12-23	2677	67.1 (59.8-74.4)	4.8 (3.8-5.9)	7.2					
24-35	6616	163.8 (136.5-191.1)	4.8 (3.4-6.1)	2.9					
Total	15 143	125.5 (112.5-138.6)	15.3 (13.2-17.3)	12.1					

a Weighted incidence of fractures per 100 000 children in age group.

b Weighted incidence of fractures attributable to abuse per 100 000 children in age group.

Adapted from Leventhal JM, Martin KD, Asnes AG: Incidence of fractures attributable to abuse in young hospitalized children: results from analysis of a United States database. Pediatrics 2008;122:602.

# What proportions of various types of fractures are abuse related in different age groups?

Table 32-5 -- Weighted Proportions of Abusive Fractures Attributable to Abuse, According to Age and Bone, in the 2003 KID 0-11 mo 12-23 mo 24-35 mo 0-35 mo

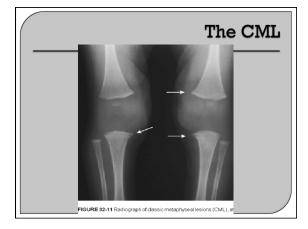
	No.	Proportion from Abuse		No.	Proportion from Abuse		No.	Proportion from Abuse		Ma	Proportion from Abuse	
	140.	%	No.	NO.	%	No.	140.	%	No.	140.	%	No.
Ribs	809	69.4	561	96	28.5	27	96	27.6	26	1001	61.4	615
Radius/ulna	261	62.1	162	103	19.8	20	293	4.7	14	657	29.8	196
Tibia/fibula	493	58	286	192	16.1	31	384	4.7	18	1069	31.1	332
Humerus	518	43.1	223	545	6.8	37	2108	31.6	34	3172	9.3	295
Femur	1257	30.5	383	761	4.8	36	3008	32.5	75	4026	11.7	471
Clavicle	227	28.1	64	65	16.7	11	95	6	6	388	20.7	80
Skull	3363	317.1	575	948	8.8	81	1575	53.7	58	5886	12.1	712

Adapted from Leventhal JM, Martin KD, Asnes AG: Incidence of fractures attributable to abuse in young hospitalized children: results from analysis of a United States database. Pediatrics 2008;122:602.

#### Specificity of Specific Fracture Types

Box 2-1
Seeditor of falsdeder finders
Main seeditory
Once centerboral finions
Bab batters, execution pointer
Seeding the tables
Seeding tables
S

Kleinman Page 10

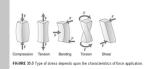


#### Description of Fracture is Key!

- The specific fracture location along the bone (e.g., epiphyseal, diaphyseal, metaphyseal)
- $\ensuremath{\circ}$  The fracture type (e.g., transverse, oblique, spiral, buckle, CML)
- Whether there is displacement, separation, or comminution of the fracture
- Whether the fracture is open or closed
- Whether there is more than one fracture along the bone
- The extent of callus formation, if present

# Types of loading leads to predictable fracture patterns Adapted from Child Abuse and Neglect: Diagnosis, Treatment and Evidence, editor Carole Jenny, MD Chapter on Abusive Fractures by Kim Kassor MS and Mary Clyde Pierce, MD

# Types of loading leads to predictable fracture patterns



Biomechanical Condition	Fracture Type
Torsion	Spiral/Long Oblique
Bending	Transverse/Short Oblique
Compressive	Buckle/Impaction
Tension and/or Shear	CML
High Energy	Open and/or comminuted

Adapted from Child Abuse and Neglect: Diagnosis, Treatment and Evidence, editor Carole Jenny, MD
Chapter on Fracture Biomechanics, Gina Bertocci, PhD

ORIGINAL ARTICLE

#### Transverse Fracture of the Distal Femoral Metadiaphysis A Plausible Accidental Mechanism

Suzanne B. Haney, MD,\*† Stephen C. Boos, MD,‡ Timothy J. Kutz, MD,§// and Suzanne P. Starling, MD\*†

Pediatric Emergency Care & Volume 25, Number 12, December 2009

#### **Learning Points**

- Fractures can happen from delivery, including femur fractures.
- C-section is not necessarily protective!
- Presentation of parturitional femur fracture might be delayed.
- $\ensuremath{\, \circ \,}$  Even good doctors can miss things.
- Use all sources of information available to put the puzzle pieces together – in this case, the family's photo and video clip were essential.

_				
_				
_				
_				

#### References

- Morris, et. al. Birth associate femoral fractures:
- incidence and outcome, Journal of Pediatric
  Orthopedics, (2002) 22: 27-30.

  Shigeki Matsubara, et. al. Femur fracture during
  abdominal breech delivery. Arch Gynecol Obstet (2008) 278:195–197.

  © Cebesoy, et. al. Bilateral femur fracture in a
- newborn: extreme complication of cesarean delivery. Arch Gynecol Obstet (2009) 279:73–

### PEDIATRICS<sup>®</sup>

Femur Fractures Resulting From Stair Falls Among Children: An Injury Plausibility Model
Mary Clyde Pierce, Gina E. Bertoct, Janine E. Janosky, Femando Aguel, Emest Deemer, Morey Moreland, Dantelle K. B. Book, Sylvia Garcia, Sandra Herr, Noel Zuckerbram and Eva Vogeley
Fediotrica 2005;115;17124-1722
DOE: 10.1542/peda.2004-6014

ABLE 2. Criteria for Dete al Match)	rmining Biomechanical and Fra	acture Type Compatibility (Biomecha
Biomechanical Conditions <sup>15</sup>	Fracture Types	Biodynamic History Examples
Torsional loading	Spiral/long oblique	Twisting or rotation of leg as child slips and leg folds underneath body
Bending load	Transverse/short oblique	Perpendicular impact of leg such as leg caught between stair and caretaker
Compressive loading	Buckle/impaction	Knee impacts along longitudinal axis of femur as child falls down stairs
Tension and/or shear loading	CML	Pulling or yanking of leg
High-energy event (any loading condition)	Open and/or comminuted	Pedestrian leg impacted by fast- moving vehicle

# Fracture Assessment and Injury Plausibility

- Possible is not the same as plausible; must consider all features of the history.
- What is the particular type and magnitude of loading required for the particular type of fracture?
- Is the history described in a clear and consistent fashion with details?
- What was the child's response, symptoms, etc.
- Was there an appropriate caretaker response or was there a delay in seeking medical care?

#### Conclusions

- Children who have been physically abused often sustain bony fractures.
- Different fracture types have been described as having a high probability for abuse while others are more nonspecific.
- No one fracture in isolation is diagnostic for physical abuse.
- The details are in the history!